

# Water Safety Week!



at  
**Houston Swim Club**



## Throw Don't Go!

If you see someone who needs help, never jump in after them. Find something that **FLOATS** to **THROW** to them.

## Life Jackets!

If you are ever at a waterpark, on a boat, or in a crowd near water, wear a **LIFE JACKET**.



## 'Da Buddy System!

It is important to never, **EVER** swim alone.

## Call for Help!

Know where the lifeguards are and know when to call 911.



## Pool Rules Rule!

Learn the **POOL SAFETY RULES** and follow them.

learn more at [www.houstonswimclub.com](http://www.houstonswimclub.com)